

**Invites you to come and play with**

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**Physical Literacy...it's just a hop, skip and a jump to fun!**

Fit Kids Healthy Kids is a Physical Literacy program founded as a partnership between [Doctors Manitoba](https://www.docsmb.org/) and [Sport Manitoba](http://www.sportmanitoba.ca/). It teaches children and their adult leaders the fundamentals of movement that make kids confident and competent in sport, recreation, and life. The goal of the program is fit, healthy kids that are active for life. For more information visit: [www.fitkidshealthykids.ca](http://www.fitkidshealthykids.ca)

**Indoor Playground**

**Central Corydon C.C.**

**1370 Grosvenor Ave.**

**Apr. 6, 13, 20 and 27**

**10:00-11:00**

**Kids@Play**

**Bethel Mennonite Church**

**465 Stafford Ave.**

**Apr 26, May 3, 10 and 17**

**10:00-11:00**

**Rhyme and Story Time**

**Harrow United Church**

**955 Mulvey Ave.**

**Apr 29. May 6, 13 and 20**

**10:00-11:00**

www.families-forward.com | 204.791.0956 | ffcoalition@hotmail.com

**Follow us on Facebook Families Forward – Fort Rouge/River Heights**